

NINA KUMAR DDS

ICON WHITE SPOT THERAPY

PURPOSE OF TREATMENT:

Icon represents a revolutionary new approach to treating white spot lesions. This breakthrough micro-invasive technology fills and reinforces demineralized enamel without drilling or anesthesia. White spot lesions are a result of an imbalance of mineralization and remineralization on the teeth. White spot lesions are early signs of demineralization under an apparently intact enamel surface layer. These early enamel lesions show a whitish appearance as a result of an increased porosity within the lesion due to mineral loss.

BENEFITS OF ICON THERAPY:

- Effective treatment of smooth surface white spots
- Minimally invasive: no drilling or anesthesia
- Restores tooth back to its natural shade with no unnecessary loss of healthy tooth structure
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- One quick and simple patient visit

RISKS AND SIDE EFFECTS

While rare, potential risks and side effects may include but are not limited to:

- Gingival irritation &/or discomfort or irritation at the treatment site
- Allergic reactions to materials used.
- Sensitivity to hot or cold temperatures.
- Variation in outcomes
- Inadequate improvement in the appearance of white spots.

ACKNOWLEDGMENT:

The safety, efficacy, potential complications and risks of the Icon White Spot Treatment can be explained to me by my dentist and I understand that more information on this will be provided to me upon my request. Since it is impossible to state every complication that may occur as a result of this whitening treatment, the list of complications in this form is incomplete.

The basic procedures of the White Spot Treatment and the advantages and disadvantages, risks and known possible complications of alternative treatments have been explained to me by my dentist and my dentist has answered all my questions to my satisfaction.

In signing this informed consent, I am stating I have read this informed consent (or it has been read to me) and I fully understand it and the possible risks, complications, & benefits that can result from the White Spot Therapy & that I agree to undergo the treatment as described by my dentist.

I hereby consent to undergo Icon White Spot Treatment and acknowledge that I have read and understood the information provided in this consent form.

PATIENT NAME: _____ SIGNATURE: _____

DATE: ____ / ____ / ____

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- The procedure involves the application of a resin infiltrate "Icon" to the affected tooth surface, which helps to fill in and camouflage white spots.
- Dr. Kumar uses micro-abrasion to expose the tubules of the tooth. Then, she applies an etching material to the tooth multiple times. These steps will ensure that the resin, which is responsible for the color correction, is able to properly soak into the tooth.
- She keeps the tooth dry while applying the special Icon resin. The resin infiltrates the lesion and soaks into the tooth. It forms a bond with the tooth's structure.
- The dentist removes the extra resin, then uses a light to harden the portion of it that remains in the teeth.
- Dr. Kumar then polishes the teeth to complete the new look. After treatment, your teeth should have a significantly more uniform appearance than they did before.
- From beginning to end, an Icon treatment may last around one hour.
- Multiple treatment sessions may be required depending on the severity of the white spots.



1. WHITE SPOTS NOTED



4. RESULTS AFTER LIGHT-CURING & SETTING OF THE ICON RESIN



2. PREPERATION-CLEANING, DRYING, & ISOLATION OF TEETH



5. RESULT AFTER FINISHING & POLISHING



3. REPEATED APPLICATIONS OF ICON-INFILTRANT



6. PATIENT A WEEK AFTER TREATMENT

PATIENT NAME: _____ SIGNATURE: _____

DATE: ____ / ____ / ____