

# NINA KUMAR DDS

## KÖR POWER WHITENING / CONSENT FORM

When utilized properly, teeth whitening procedures and products whiten teeth, to one degree or another, in nearly all cases, with some whitening systems being more effective than others. As with any type of dental treatment, specific results cannot be guaranteed. Scientific studies have shown that when used properly, professional teeth whitening products will not harm your teeth or gums, however, there are certain inherent risks and limitations. Most often the risks are not serious enough to prevent you from whitening your teeth.

Teeth whitening is not recommended for pregnant women, and nursing mothers should consult with their pediatrician before whitening.

Most people are candidates for whitening, but some teeth whiten more effectively than others. Teeth with opaque spots due to various causes may result in the spots becoming noticeably lighter than the surrounding tooth color. Opaque spots will whiten much faster than the rest of the teeth, however, if a highly effective technique such as a KÖR Whitening combination System (including both in-office and at-home whitening) is utilized, the surrounding tooth structure will usually whiten enough that these spots are not as readily noticeable to others.

Teeth with dark spots most often respond very well to a KÖR Whitening Combination System, yet there is always the possibility that the dark spots will not whiten to exactly the same color as the surrounding tooth.

All natural teeth have a different shade/color when comparing the gum line area to the tip of the tooth (gum line areas are typically darker than the rest of the tooth). This is a natural appearance found on all natural teeth. After teeth whitening, a difference in color when comparing the gum line area of the tooth to the tips of the teeth will still be apparent. Regardless of the whitening system, there will always be some difference in color from the gum line to the tip of the teeth.

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### RISKS OF TREATMENT:

#### RELAPSE

After the whitening treatment, it is natural for the teeth that underwent the treatment to regress somewhat in their shading after treatment. This is natural and should be very gradual, but it can be accelerated by exposing the teeth to various staining agents. Treatment usually involves additional take-home treatments or repeating the in-office whitening treatment. I understand that secondary, repeat or take-home treatments may be needed for me to maintain the tooth shade I desire for my teeth.

#### GUM/LIP/CHEEK INFLAMMATION

Whitening may cause inflammation of your gums, lips or cheek margins. This is due to inadvertent exposure of a small area of those tissues to the whitening gel. The inflammation is usually temporary which will subside in a few days but may persist longer and may result in significant pain or discomfort, depending on the degree to which the soft tissues were exposed to the gel.

#### POST-WHITENING

I understand that during & after treatment, I will be required to refrain from consuming any substances that could discolor my teeth. These substances include, but are not limited to: coffee, tea, colas, ALL tobacco products, mustard or ketchup, red wine, soy sauce, berry pie, red sauces. I understand that there are other substances that could discolor my teeth. If I have any questions regarding any such substance, I understand that I can discuss its stain potential with my dentist. To achieve the greatest permanent whiteness of your teeth, at the end of your whitening treatment your dentist will supply you with KÖR Whitening Maintenance Recommendations. This will detail the recommended type and amount of initial and long-term maintenance. It is important to follow these recommendations to maintain the whitest teeth permanently. By following these recommendations after the whitening procedure, most patients will still be able to consume a normal diet, including drinks like coffee, tea and cola, and still maintain whiter teeth indefinitely. If these instructions are not followed, the whiteness of the teeth will most often fade.

#### VARIATIONS IN OUTCOME

All patients have different cosmetic desires, expectations and requirements. Also, the resistance to whitening varies greatly from patient to patient, especially when considering cases such as tetracycline staining, fluorosis staining and other uniquely difficult cases. If upon completion of whitening, the teeth have not whitened to your full desire, if there are dark areas, opaque white spots, white lines, etc. that are more noticeable than you desire, additional cosmetic treatment may be an alternative at an additional charge.

Also, it is important to understand that tooth-color fillings, bondings, porcelain veneers and porcelain crowns will not whiten like natural teeth and may need to be replaced after teeth whitening if the color discrepancy is noticeable. Exceptionally whitening-resistant teeth, including but not limited to tetracycline stained or fluoride stained teeth, require longer treatment times than average cases, and in some cases require additional in-office whitening procedures. This is variable, and the time frame and number of necessary in-office visits cannot be known with certainty prior to the beginning of treatment. If the time necessary and the number of in-office whitening sessions are more than anticipated, additional charges may apply.

#### SENSITIVITY

Sensitivity of gums and/or teeth during whitening is common. Typically this sensitivity will last only a day or two after completion of whitening. You may be given products to reduce teeth sensitivity at home; however, even with the desensitizing products you may still experience some sensitivity.

#### ROOT RESORPTION

This is a condition where the root of the tooth starts to dissolve either from the inside or outside. Although the cause of this is still uncertain, There is evidence that indicates the incidence of root resorption is higher in patients who have undergone root canals followed by whitening procedures.

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## KÖR POWER WHITENING / DETAILS OF TREATMENT

### DETAILS OF TREATMENT:

We recommend completing at least 2 weeks of take-home whitening with custom trays, or as otherwise instructed by our team, prior to the KÖR Power Whitening session. The procedures will only be effective if you closely and correctly follow the instructions given and conscientiously wear your whitening trays at home as directed. If you experience significant discomfort, allergic reaction such as swelling of the lips or any other problem that prevents you from wearing your whitening trays as directed, you must contact this office immediately. I have read and understand the above information, I have received written and verbal instructions, explanation from the dental office staff, and I have had the opportunity to ask questions. I consent to the planned teeth whitening procedure.

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PATIENT NAME: \_\_\_\_\_

DATE: \_\_\_\_ / \_\_\_\_ / \_\_\_\_

SIGNATURE: \_\_\_\_\_