

## ULTRAEZ CUSTOM TRAY PATIENT INSTRUCTIONS:

**STEP 1** Express UltraEZ into the custom tray. A complete arch should use most of the contents of one syringe. If sensitivity is localized, place gel in affected area(s) and a small amount in the molar region to hold the tray in place.



**STEP 2** Make sure teeth are brushed before placing the loaded tray on the arch.



**STEP 3** Gently press the tray edges against the arch labially and palatally.



**STEP 4** Remove excess gel with a soft toothbrush or clean finger. With the tray in place, treatment time begins.



**STEP 5** At the end of treatment, brush the teeth, being careful not to swallow the UltraEZ gel, and use a soft toothbrush and cold water to clean the tray

